

A Fine Kettle O' FISH



Fresh Seafood Deli & Grill

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Follow us on Instagram

@afinekettle



CUSTOM TAKE-OUT SEAFOOD DINNERS

FISH Snapper, Sole or Cod fillet (bone out skin off)
Salmon (skin on)
Halibut or Arctic Char (skin on)

\$11.95 } Half-size portions
\$12.95 } **\$7.95 and up**
\$12.95 }

Pan-fried, baked, steamed or poached, served with:

Mashed potatoes, roasted potatoes or rice:

Your choice of broccoli, carrots, green beans; or mixed corn, carrots and green beans

PASTA Single serving in homemade Alfredo Sauce

\$9.95 and up

Choose from: Smoked Salmon, Shrimp, Scallops or Real Crab Meat
Served with your choice of vegetables: broccoli, carrots or green beans

WILD SALMON BURGER or SAUSAGE

\$12.95

Served with your choice of : mashed potatoes, roasted potatoes or rice and
Your choice of broccoli, carrots, green beans or mixed corn, carrots and green beans

STUFFED POTATOES

\$8.95 and up

Salmon in Wild Mushroom Sauce or
Shrimp and broccoli in Alfredo Sauce; or
Halibut in Cacciatore Sauce or Smoked Octopus

SEAFOOD OR OYSTER POT PIE

\$10.95 and up

An Assortment of Seafood or Oysters with vegetables in a creamy sauce

CAJUN SHRIMP ALFREDO

\$19.95

Sauteed Shrimp in a Cajun Alfredo Sauce served with fettuccine and broccoli

SEAFOOD GUMBO

\$22.95 and up

Assorted Seafood served on brown rice with smoked cheese and cilantro

PASTA BAKE

\$19.95

Crab and vegetables in a creamy Alfredo Sauce served over linguine

SEAFOOD CREPES

Scallops, Shrimp, Salmon and vegetables in a creamy white sauce

\$19.95**YELLOW SEAFOOD CURRY**

Jasmine rice with mixed vegetables and seafood, topped with Coconut Curry Sauce

\$19.95**MANICOTTI**

Made with your choice of a red or white sauce and an assortment of quality seafood

\$19.95**PAELLA**

Prawns, Shrimp, Mussels, Clams, Scallops, Salmon and Halibut in saffron rice with vegetables

\$19.95**JAMBALAYA**

Lamb Chorizo, Chicken and Shrimp served with Cajun rice

\$19.95**TUNA CASSEROLE**

Ahi Tuna in a 3 cheese sauce served on shell noodles

\$19.95**SEAFOOD PIES**Halibut Curry with broccoli
Creamed Salmon with asparagus
Chunky fish with mixed vegetables
Smoked Black Cod with cauliflower and snow peas**\$21.95****CRAB and POTATO AU GRATIN**

Layers of Crab and sliced potatoes baked in a provolone sauce

\$21.95**LOBSTER MAC N' CHEESE**

Lobster Meat and macaroni noodles smothered in cheese sauce

\$38.95 and up Large
\$17.95 Small**CLAM MARINARA LINGUINE**

Clams and Linguine noodles topped with Marinara sauce

\$19.95**SOLE NEPTUNE**

Layered with Baked Sole, Swiss Cheese sauce, sauteed Vegetables and Crab

\$21.95**LASAGNA**Seafood Lasagna
Prawns, Shrimp, Scallops
And Crab. Layered with
Vegetables and your choice
White or Red sauce**Single \$16.95 2-4 people \$34.95 6-9 people \$59.95**Gluten Free Lasagna
Prawns, Shrimp, Scallops
And Crab. Layered with
Sole and Vegetables with
a Red sauce.Smoked Salmon
Smoked Salmon
layered with vegetables
in a creamy white sauce.**Custom Dinner Packages to suit your dietary needs***(salt, gluten, garlic, herbs or sauces)*

*Dinners are made and frozen for pick-up at your convenience.

*Please specify whether you will be reheating in an oven or microwave for packaging purposes.

*Entrée sizes made with you in mind - Senior-sized portions, etc.

*Delivery is available with added fee -Please order in advance

